

General Discussion Questions on Trauma

How is trauma portrayed in the character's behavior or internal monologue?

What coping mechanisms do they use?

Are these mechanisms healthy or harmful?

How does the author use literary techniques (e.g., fragmented narrative, flashbacks, symbolism) to convey trauma?

What effect do these techniques have on the reader?

In what ways does trauma influence the character's identity or relationships with others?

Does the trauma isolate them or bring them closer to others?

Is the character ever able to "heal" from their trauma? What does healing look like in this context?

Is healing presented as possible, or is trauma shown as permanent?

How does the setting (war zone, post-conflict society, abusive home, etc.) contribute to the experience of trauma?

Is the trauma personal, cultural, or generational?